OUT OF TOWN PATIENT
GUIDE

WELCOME TO OTTAWA

The team at Herzig Eye Institute is excited to provide you with a world-class experience, and help you achieve your best possible vision.

This guide is designed to help make your journey as comfortable and enjoyable as possible. Please don't hesitate to contact your Refractive Consultant with any questions.

OUR MISSION

"Our mission is to transform the way you see by providing you with your best possible vision. By combining exceptional surgical skill with the most advanced and proven vision correction technology available, we aim to give you vision that is better than you can achieve with glasses or contacts. Your eyes are priceless and deserve the best care possible. Our goal is 100% patient satisfaction."

Dr. Sheldon Herzig
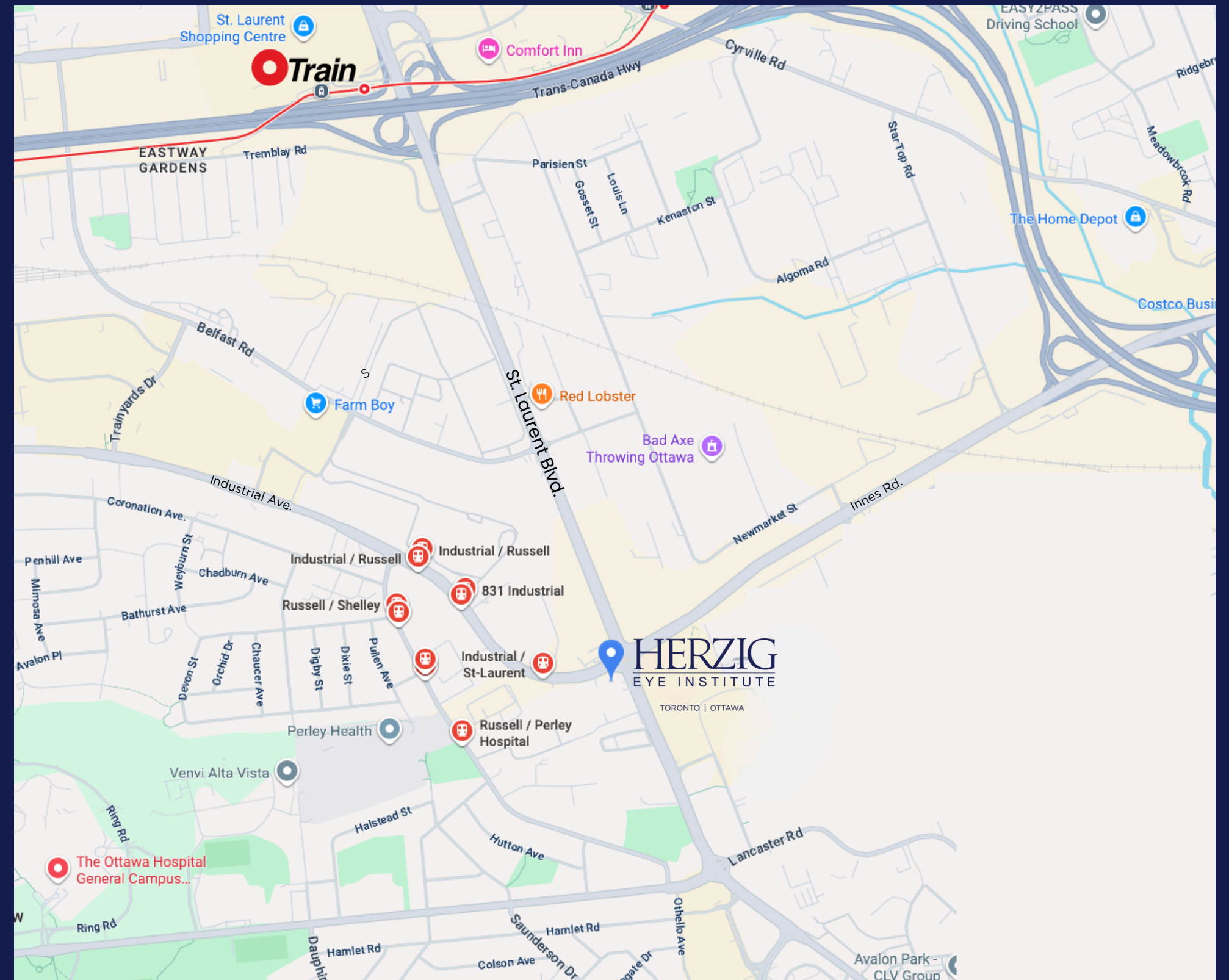Co-Founder & Chief Medical Officer

OUR CLINIC

Our dedicated staff are here to support you and can be reached at:

1730 St. Laurent Blvd Suite #600, Ottawa, ON K1G 5L1

Local: 613-800-1680
Toll Free: 1-888-782-8000

Visit Our Website

PRE-ARRIVAL INFORMATION

We are looking forward to your arrival!

Please ensure that you have discontinued contact lens use for the appropriate amount of time prior to your arrival.

If you are unsure about this timeline, kindly reach out to your refractive consultant.

AIRPORT TRANSIT

OC Transpo Bus: Take route 105 from the airport to St. Laurent B (St. Laurent Station).

- Ottawa Airport Taxi

- Capital taxi offers pre-booked rides

OTTAWA INTERNATIONAL AIRPORT (YOW)

PUBLIC TRANSPORTATION

O-Train (Line 1): St. Laurent Station
(Closest station to Herzig Eye Institute)

Use the OC Transpo Trip Planner for
real-time routes and service alerts

DRIVING FROM OTTAWA INTERNATIONAL AIRPORT

1. Take Airport Parkway (Route 79) north
2. Merge onto Walkley Road
3. Turn left onto St. Laurent Blvd
4. Destination will be on your left, just past Smyth Road

PARKING

1730 St. Laurent Blvd

On site paid parking available

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Hampton Inn by Hilton

- Address: 100 Coventry Rd.
- 3/4 Star Rating
- 5 minute drive from Herzig Eye Institute
- Amenities: Indoor pool, fitness centre, on-site dining
- Booking Website

Holiday Inn by Hilton Ottawa Airport

- Address: 2881 Gibford Dr.
- 4 Star Rating
- Near the Ottawa Airport, 16 minute drive to Herzig Eye Institute
- Amenities: Indoor pool, complimentary breakfast, fitness centre
- Booking Website

Andaz, by Hyatt

- Address: 325 Dalhousie St.
- 4/5 Star Rating
- Located in the heart of Byward Market
- Amenities: Luxury spa, fine dining, valet parking
- Booking Website

NORTH AMERICAN CUISINE

Red Lobster
1499 St. Laurent Blvd

Mandy's
581 Bank St

Joey's
825 Exhibition Way
Unit 103

INTERNATIONAL CUISINE

Gyubee Japanese Grill
95 York St

The Grand
74 George St

El Camino
380 Elgin St

OTHER ESSENTIALS

Rexall Pharmacy
1910 St. Laurent Blvd

Whole Foods Market
951 Bank St

Farm Boy
830 Belfast Rd

RECOVERY INSTRUCTIONS

- Go directly to where you are staying and rest
- Avoid hot/cold air vents blowing directly on the eyes
- Lubricate your eyes as much as possible
- Avoid rubbing/touching the eyes for 1 week
- Avoid swimming, saunas, hot tubs and gardening for 2 weeks
- Avoid showering or water directly in the eyes for 24 hours

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Relaxation Destination

Landsdowne Park

Relaxation Destination

Rideau Canal

Relaxation Destination

Byward Market

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REFRESHMENTS

Figaro Coffee House

Starbucks

Happy Goat Coffee

SHOPPING

St. Laurent Shopping Centre
1200 St. Laurent Blvd

Ottawa Train Yards
165 Trainyards Dr

CF Rideau Centre
50 Rideau St

Place d'Orléans Shopping Centre
110 Place d'Orléans Dr

EXPERIENCE OTTAWA

PARLIAMENT HILL	BYWARD MARKET	CANADIAN MUSEUM OF HISTORY	NATIONAL GALLERY OF CANADA	CF RIDEAU CENTRE
• Address: 111 Wellington St • Plan your trip • Canada's political heart, home to historic buildings, an guided tours.	• Address: 55 ByWard Market Square • Plan your trip • Ottawa's oldest public market, filled with shops, restaurants, and local vendors.	• Address: 100 Laurier St • Plan your trip • Canada's most visited museum, showcasing Indigenous and Canadian history.	• Address: 380 Sussex Dr • Plan your trip • World-class collection of Canadian, Indigenous, and international art.	• Address: 50 Rideau St • Plan your trip • Downtown shopping mall with 180+ stores and restaurants.

FOLLOW-UP CARE

1 day in person follow-up at Herzig Eye Institute, remaining follow up care can be completed at home with your co-managing eye doctor.

Please note that you will need to schedule the remaining follow-up appointments independently.

Thank You

We appreciate you choosing Herzig Eye Institute and look forward to welcoming you in Ottawa.

Please do not hesitate to reach out to your refractive consultant with any further questions.