

Intraocular Collamer Lens (ICL™)

The ICL™ is a very thin intraocular lens designed to rest in front of the eye's natural lens, just behind the iris. It allows light to properly focus on the retina. The ICL™ is inserted through a micro opening, so tiny that it does not require stitches. The eye is made numb using anesthetic eye drops and there is very little discomfort associated with the procedure. The surgery typically takes 15-20 minutes to perform and both eyes may be treated on the same day.

Who Are Candidates?

- Patients with high levels of myopia or hyperopia that are too extreme for laser vision correction
- Patients for whom laser vision correction on the cornea is not safe
- Patients who are at least 18 years of age

In order to determine whether you are a good candidate for the ICL™ surgery you must have a complete eye examination performed which will include drops to dilate your pupils.

What is the Next Step?

Once it has been determined that you are a good candidate for ICL™ surgery and you have decided to proceed, the next step is to have an appointment with Dr. Herzig for a series of measurements.

If you are a contact lens wearer, you must refrain from wearing your contact lenses for the appropriate time prior to this appointment:

Soft Lenses	1-2 weeks
Soft Toric Lenses	2 weeks
Gas Permeable	3-4 weeks
Hard Lenses	8 weeks

The ICL™ cannot be ordered until an accurate measurement of your refractive error has been obtained without contact lens wear. After this measurement, you may resume wearing your contact lenses up until 2 days before your surgery when you will start the antibiotic eye drops.

Retinal Consultation

A retinal consultation will be arranged prior to your surgery. This examination is important to confirm that the back of your eye is healthy to undergo ICL™ surgery. This appointment may coincide with the measurements performed by Dr. Herzig.

Antibiotic Drops

For 2 days prior to your surgery you will use antibiotic eye drops 4 times per day. These will be given to you along with instructions and should be kept for use after your surgery. If your lids are inflamed or infected, you will be advised how to clean them and possibly require antibiotic ointment.

The Day of the Surgery

You will be advised what time to arrive at the Herzig Eye Institute. It is important you arrive as scheduled, as you will need some time to review the consent form before your surgery. Wear loose, comfortable clothing and be sure to arrange to have someone drive you home after your surgery as you will be mildly sedated and your vision will still be slightly blurry. Be prepared to be at Herzig Eye Institute for at least 2 ½ hours on the day of your operation.

Post-Operative Examinations

You will be seen at the following post-operative times: 1 day, 1 week, and 1,3,6, and 12 months after your surgery. It is very important that you keep these appointments either at the Herzig Eye Institute or with your co-managing doctor.

Post-Operative Restrictions

Please refrain from swimming, gardening, hot tubs and vigorous workouts for 2 weeks after your surgery. You may return to work after your 1 day post-operative checkup.

Lifetime Commitment

Your original ICL procedure is backed by the Herzig Eye Institute Lifetime Commitment. If an additional procedure is deemed medically necessary, it will be performed at no additional cost. You must return for the required number of post-op exams and maintain regular eye examinations with the ophthalmologist or optometrist managing your care.

The Herzig Eye Institute surgeons and doctors are committed to providing you with your best possible vision. Our pricing structure is as simple and straight-forward as our Lifetime Commitment to you.

For more information check our website at:

www.herzig-eye.com.